

CYCLE SHOW

by Dr. Elizabeth Raith-Paula



WHAT IS CYCLE SHOW? - "SEX EDUCATION AT ITS BEST"

Cycle Show teaches young girls aged 10-12 years about the beauty of their fertility and growth into womanhood. It involves a floor show model of a womb with the young girls actively involved in the unravelling of what happens to their bodies between one period and the next. The basic philosophy is **"you can only protect what you respect"** Mothers attend with their daughters and observe the whole presentation. It has been running for over 10 years with over 100 presenters in Germany. The Book and Programme have been translated into several languages. www.mfm-projekt.de/

COMMENTS FROM YOUNG GIRLS WHO HAVE TAKEN PART

- *It was excellent! In the past I was scared of periods but not any more.*
- *I liked the presentation of the womb best. It made me proud to be a woman*
- *I am really sorry that this project only happens once.*
- *That's what I've learned, a woman is really someone important. She has got really nice things within her.*

Dr Raith-Paula will demonstrate the project and all are welcome:

TEACHERS * HEALTH WORKERS * PARENTS * STUDENTS

CARRS LANE CHURCH CENTRE, CARRS LANE, BIRMINGHAM BS4 7SX
(Next to Marks & Spencer)

12th June 2010 from 10am - 1.30pm

Tickets £10 available from Mrs Teresa Castelino Tel: 01926 850321

Email: teresa.castelino@sky.com

www.nfpta.org.uk

LOCAL CONTACT: