

I am interested in learning more about becoming a Marriage Preparation Presenter

Parish .....  
Name .....  
Address .....  
Postcode .....  
Telephone .....  
Email .....

## Engaged and wanting to join a course?

Contact your Parish Priest or look on the web site ([www.flm.org.uk/Marriage](http://www.flm.org.uk/Marriage)) for courses scheduled.

### Local details

## Interested in training to present the Marriage Preparation Programme?

Fill in the form at the side and send it to the address below, or email for more information.



Family Life Ministry  
Hinsley Hall  
62 Headingley Lane  
Leeds LS6 2BX

Phone: 0113 261 8050  
Mobile: 0773 44 11 282

Email: [flm@flm.org.uk](mailto:flm@flm.org.uk)  
Website: [www.flm.org.uk](http://www.flm.org.uk)

# Marriage Preparation in the Diocese of Leeds

MARRIAGE PREPARATION PROGRAMME

*Sharing  
Discussion  
Relaxed  
Sensitive  
Fun*



# The Programme

So, you're thinking of getting married! Or maybe you've already decided and set the date? Congratulations!

Planning a wedding can be daunting enough but if you do not set aside some time, in plenty of time, to consider the realities of life after the wedding day you could find things rather more difficult than you had hoped. Avoiding discussion is not a solution.

This course is presented as a programme of **6 modules**

but may be offered in different formats in different parishes. See the website [www.flm.org.uk/marriage/preparation](http://www.flm.org.uk/marriage/preparation) courses for examples.

Whether your parish uses this programme or another, the main focus is always on preparation for the life-long commitment of Marriage.

In addition to the preparation programme you will also need to see the priest who will be officiating at your wedding in order that he may complete certain paperwork and help you to plan your wedding service.



## Module 1: What's it all about?

Marriage is a sacrament and a vocation.

In 2004 Pope John Paul II asked that "the Church seek to offer better pre-marital instruction aimed at forming couples in this vocation". This course is designed to do just that - to help couples preparing for marriage to make sure that they understand as fully as possible the commitment they are making.

In this introductory session we will be looking at a number of issues, some of which we will be covering in detail later in the course.



## Module 2: Who we are and where we've come from

Looking at personality and family background



## Module 3: How do we communicate?

Exercises in communication skills



## Module 4: How to manage conflict and stay friends

Understanding, accepting and managing conflict

## Module 5: The gifts of sexuality and intimacy in marriage

Including thinking about children



## Module 6: Sharing the spirit - living the sacrament

Witnessing God's love in daily life

"Gave us lots to think about!"

"...made everyone feel at ease"

"Extremely interesting and worthwhile... lots of fun"

